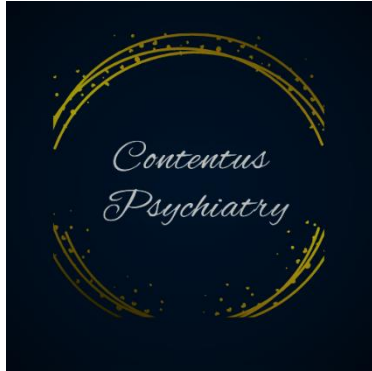


Contentus Psychiatry



Nitika Pant, MD

Dr. Nitika Pant (AS '06) is founder of Contentus Psychiatry which provides a holistic approach to mental health treatment, considering biological factors, life history, and current stressors. When working with children and teens, she involves parents and gathers information from schools and other therapists. Her approach includes medication management, Cognitive Behavioral Therapy (CBT), and Supportive Therapy, among other modalities. With over a decade of experience in psychiatry, Dr. Pant has worked in diverse settings, including inpatient, outpatient, and therapeutic schools. She is an Assistant Professor of Psychiatry at Rosalind Franklin University of Medicine and Science and licensed and board-certified in Adult Psychiatry and Child & Adolescent Psychiatry in Illinois.

Phone: 312-488-9888

Email: info@contentuspsychiatry.com

Website: www.contentuspsychiatry.com

Instagram: [contentuspsychiatry](https://www.instagram.com/contentuspsychiatry)